

Awaken



Week Five: Choose What is Best

Overview

It's time for the Church to awaken once again to the reality of Jesus and his Kingdom. As we spend six weeks in the book of Luke, we're going to encounter Jesus as he "snaps" people out of their slumber and shows them what life in his Kingdom is really all about.

In this week's message, we looked at the story of Mary and Martha – two sisters who welcomed Jesus into their homes. Mary placed herself at Jesus' feet, but Martha was consumed by "what needed to be done." Jesus teaches us in the moment that despite whatever we may be going through, or feel like we need to do – the only thing we truly need is to be with him. Because of this, we resolved to **prioritize what is truly best over what is merely good.**

Reading and Discussion

1. Begin this session by praying for any worries or anxieties that your group may be feeling. Ask for God to surround your group with his peace.

2. Read Luke 10:38-42. What stands out to you from this passage upon first reading?
3. Can you empathize with Martha's desire to complete the tasks, as well as with her frustration? In what ways do you behave like Martha in your own life? What things worry or distract you away from Jesus' presence?
4. Mary was able to set aside the "priorities" of the moment and instead place herself at Jesus' feet – listening to what he said. Do you find it easy to do this in your own life? Why or why not?
5. We all need a consistent spiritual rhythm. For some, it may be a devotional or Bible reading plan. For others, it may be praying the Morning Office from the Book of Common Prayer. Perhaps it's a daily prayer podcast that helps with structured prayer. What