

# 5 Things We Love



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Things  
we  
**LOVE**

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baptism giving prayer communion teaching

## Week Four: We Love Communion

As a church, we're going to spend some time over the next few weeks discussing some things that absolutely love. As Ron mentioned this Sunday, these five (baptism, giving, prayer, communion, and teaching) aren't the only things we love. But they are five elements that we typically see in our weekend worship services. Have you ever wondered: "Why do we/they do *that*?" Our prayer is that those questions can be answered throughout this series, and that you'll come to love these five things, too!

This week, we discussed Communion. Through Communion, we remember the death of Jesus, which brings about our redemption from sin and our reconciliation to God. It is one of, if not the most important piece of our services each weekend. We truly do love communion, because it reminds us week in and week out of the love of God that is shown to us through Jesus, his son.

If you'd like, you could have a time of communion during this session. Though it may be "virtual," or over the phone, it's one way that you could bring your group closer together spiritually though you are absent physically.

### Reading and Discussion

1. Be sure to begin this session by checking in on everyone in your group. The longer this time of "physical distancing" and "stay at home" goes on, the more intense the feelings of isolation and loneliness can become for some. Use this time to encourage one another, as well.
2. Read **Matthew 26:26-28**. What do these verses mean to you? How does the remembrance of Jesus' body and blood through communion impact you?
3. George stated that communion humbles, encourages, assures us of our forgiveness, strengthens us, and connects us with God and others. How does communion do one, or more than one of those things for you? Share, if you feel comfortable.
4. The ultimate goal of communion is for us to remember what Jesus has done for us. In communion we are forced to remember his death for us, which frees us from sin's grip and restores us to relationship with God, our father. In the midst of the coronavirus

outbreak, there is no better truth to remember than this one. What are some practical ways that you can carry the memory of what Christ has done for you through your days and weeks?

5. As you close this session, pray again for all those around the world who are affected by this virus. Pray also that God would use our church and your Circles to point to him during this time.