

LifeGroup Discussion guide

Jan. 3rd sermon

Sermon Summary- George challenged us to devote 15 minutes of every day to pray and listen for God. He referenced 10 scriptures from the Psalms to help us understand more about prayer. He encouraged us to seek God, savor God, and allow God to send us where He would.

Scripture References:

Ps 119:10 - Ps 9:10 - Ps 46:10 - Ps 84:10 - Ps 111:10 - Ps 103:10 - Ps 57:10 - Ps 143:10 - Ps 139:10 - Ps 35:10

Specific Discussion Questions

- 1) After reading through the scriptures, which one stands out to you the most? Why?
- 2) Most of us have sought God at some point in our life – can you recall a time of seeking? Why were you seeking? What did you find?
- 3) Have you ever spent time just “savoring” God? If not, what do you think that might be like?
- 4) Have you ever followed a “nudging” from God? Are you willing to ask God to send you on a mission and then do what you feel led to do? Why or why not?

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LifeGroup Leader Notes

On Your Mark...Get Set...Pray

Sermon synopsis: 2010 – Time to pray again

George challenged us to pick a time to pray for 15 minutes each day in 2010. The challenge comes not as a New Year's resolution but as a commitment to the God of the universe, our creator, and king. George gave us ten 10's to help us realize the reasons and blessings of prayer. The 10's are couched in 3 main themes – *Seek, Savor, Send*. As we spend time in prayer, we can *Seek* God, *Savor* His presence and blessings, and be prepared for Him to *Send* us into His work. As He sends us into His work we should prepare for (1) the challenge of His calling, (2) the long haul commitment to completing His work, and (3) the honesty needed in following Him. We all know we should pray. We all know we spend time with those that we love and those that love us. We can make 2010 about Time to pray.

Scripture reading:

Ten 10's for 2010...

1. Ps 119:10 – SEEK - I will seek you with all my heart
2. Ps 9:10 – SEEK - You have never forsaken those that seek you
3. Ps 46:10 – SEEK - Be still and know I am God
4. Ps 84:10 – SAVOR - Better is one day
5. Ps 111:10 – SAVOR - The fear of the Lord is the beginning of wisdom
6. Ps 103:10 – SAVOR - Not dealt according to our sins
7. Ps 57:10 – SAVOR - Loving-kindness is great to the heavens
8. Ps 143:10 – SEND - Good Spirit lead me
9. Ps 139:10 – SEND - Your hand will guide me
10. Ps 35:10 – SEND - You rescue the poor

More discussion options:

Why pray...*George gave 4 reasons we should desire to make prayer part of our life*

1. Thank God
2. Help for wisdom in making choices
3. God answers prayer
4. Ask for strength

You also might share and discuss as a group...

1. Did you accept God's challenge through George to spend time with God in prayer?
2. What barriers will you have to overcome? How will you do it?
3. What blessings would you think may come from more time in prayer?
4. What could happen if the majority of the WTCC body spent 15 minutes per day in prayer?

Encouragement points:

- Don't quit after missing a day – *although it may happen that we miss a day that doesn't mean it's time to give up on the rest of the year – pick yourself up, dust yourself off, and pray*
- When you see “2010”, think “time to pray again” – whenever you encounter the number “2010” let it trigger your mind to think “It's About Time to pray” – *God hears and answers prayers at all times in all situations (Nehemiah before the king [Neh 2:4], Elijah with the prophets of Baal [1 Kings 18:36], Hannah desiring a child [1 Sam 1:8], Paul and Silas in prison [Acts 16:25])*
- God forgives